



*Linking People And Plants*

## **Update on 2020/2021 Horticultural Therapy Institute Classes**

Dear students and those interested in horticultural therapy training,

The Institute is going strong and working hard to continue to lead the field in horticultural therapy education. Here is an update on our plans for the next series of classes that begins with *Fundamentals of Horticultural Therapy* in the fall of 2020 and finishes with *Horticultural Therapy Management* in the fall of 2021.

Due to the COVID-19 health crisis we've carefully decided to move our fall 2020 classes 100% online. This is not our preferred educational method, because we know the value of on-site, face-to-face horticultural therapy instruction with quality interaction and engagement with the instructor and fellow students. However, after conducting two classes online in April and May, we learned how to offer this engagement in an online format and discovered some unique advantages as well as new ways to deliver the same quality content for which the Institute is known. We plan to return to face-to-face learning as soon as it's safe for everyone. In 2021 our hope is to offer one section of each class face-to-face and the other using a synchronous live online meeting format. If face-to-face is not feasible to do safely we will offer classes 100% online. The goal is to provide a reliable and consistent experience for our students, no matter what format is used throughout the duration of the class series.

We're convinced that despite the disappointment of not being able to spend time with you together in person, it will prove to be a very fruitful and exciting year. This plan will keep everyone safe, and students can still dive deep into horticultural therapy education through our live synchronous instruction.

### **Enrollment Now Open for the Upcoming Series!**

The entry point into the horticultural therapy certificate series is the *Fundamentals of Horticultural Therapy* class. Here are some quick FAQs regarding that class.

#### **How will *Fundamentals of Horticultural Therapy* be taught online?**

The class will be live and synchronous using Zoom to engage students in real-time discussion and experiences with as much interaction as possible. The lead instructor will be Rebecca Haller, HTM, along with several guest speakers.

#### **What do students say about live synchronous learning with the HT Institute?**

"I think your team did an excellent job instructing over Zoom, and I very much appreciate the ability to take this course from my home during this difficult time."

*Casey Friesenhahn, Video Producer*  
*Horticultural Therapy Programming, Spring 2020*

“I was very surprised that I could actually learn in this online format! Success! You all did a great job.”

*Hayes Chamoun, RN*  
*Horticultural Therapy Programming, Spring 2020*

“The Zoom class was better than I expected. The activities were well-coordinated. It was evident that a tremendous amount of work with attention to detail went into preparing for the online class. I learned so much that I will apply to my practice.”

*Evelyn Joran-Thiel, Pediatric Nurse Practitioner*  
*Horticultural Therapy Programming, Spring 2020*

### **What are the dates for *Fundamentals of Horticultural Therapy* classes?**

#### **Section I**-(CO series) Mountain Time Zone (GMT-7)

Oct. 29-Nov. 1, 2020

Deadline for enrollment: Sept. 29, 2020

#### **Section II**-(CA series) Pacific Time Zone (GMT-8)

Nov. 12-15, 2020

Deadline for enrollment: Oct. 12, 2020

#### **Section III**-(either series) Eastern Time Zone (GMT-5)

Dec. 3-6, 2020

Deadline for enrollment: Nov. 3, 2020

### **What is meant by CO or CA series?**

Before COVID-19 the upcoming series of classes was scheduled to take place in each of these regions (CO-Colorado, CA-California). In order to make a smooth transition to a face-to-face format when, and if, possible, we will continue to use these descriptions to distinguish the two series.

### **How does Section III fit into the series framework?**

Historically the Institute has offered a third *Fundamentals of Horticultural Therapy* class each year to reach an audience that resides outside of the regional series. This year, that section is scheduled in the Eastern Time Zone in order to make it more feasible for those on the East coast or from outside of the United States to attend.

### **Are there assignments?**

Yes, pre-class assignments will include reading specific sections of the textbook, *The Profession and Practice of Horticultural Therapy*, and a literature review of journal articles. Details of what to read and complete before class will be emailed to enrolled students beginning in early fall. Additional assignments will be given in class to be submitted to the instructor and discussed during the four-day class meeting.

**What topics will be covered in the class?**

This course introduces the profession and practice of horticultural therapy. The types of programs utilizing horticultural therapy as well as the cognitive, social, emotional and physical goals for the varied people served are considered. Students review and discuss professional literature in the field and are exposed to resources for further exploration as well as to professionals in the field. For learning objectives, go to: <https://www.htinstitute.org/fundamentals-of-horticultural-therapy/>

**Can the class be taken for college credit?**

Yes. The Horticultural Therapy Institute partners with Colorado State University to offer college credit for all the certificate classes. *Fundamentals* is two semester credits.

We look forward to meeting new students and continuing to provide a model curriculum, real-life projects, experienced instructors and a path for students to practice the effective and timely modality of horticultural therapy. To enroll go to: <https://www.htinstitute.org/student-enrollment/>

For questions email Christine Capra at: [ccapra@htinstitute.org](mailto:ccapra@htinstitute.org) or call 303-388-0500.